

A UNIQUE OPPORTUNITY
OFFERED BY THE TRAPPIST MONKS OF NEW MELLERAY ABBEY

THE NEW MELLERAY
**CONTEMPLATIVE
EXPERIENCE**
AUGUST 6 - 18, 2018

The abbot and monks of New Melleray Abbey invite you to experience a way of life wholly ordered to prayer and contemplation. For two weeks you will be immersed in our Cistercian way of life and we will share with you the fruits of monastic spirituality.

HERE IS AN OPPORTUNITY TO:

- ☧ Deepen your faith commitment by drawing on a 1600 year old monastic tradition
- ☧ Pray, work, study, and share some meals side by side with monks
- ☧ Attend daily mass and pray the full cycle of the Liturgy of Hours in the monastic choir
- ☧ Learn about monastic practices and spirituality through conferences given by the monks
- ☧ Delve into the contents of our monastic library
- ☧ Experience silence and solitude amidst the natural splendor of the monastery grounds.
- ☧ Draw closer to the Lord in a new and unique way.



Interested men 21-45 years of age are invited to contact
Fr. Stephen at
frstephen@newmelleray.org
for more information.