

St. Thomas Aquinas School

Lunch Menu - October, 2017

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	2	3	4	5	6	7
	W.G. Toast, Cereal, Fruit, and Milk Mr. Ribb or Ham Sandwich Green Beans Romaine Salad Assorted Fruit	W.G. Toast, Egg Patties, Fruit, and Milk Ham & Cheese Melt or Turkey Sandwich Baby Carrots Steamed Broccoli Assorted Fruit	W.G. Toast ,w/ Jelly, Cereal, Fruit, and Milk Hamburger or Ham Sandwich Corn Baked Beans Assorted Fruit	Pop Tarts, Cereal, Fruit, and Milk Chef Salad or P.B.&J. Sandwich Green Beans, Peas Assorted Fruit W.G. Sun Chips	W.G. Toast, Cereal, Fruit, and Milk Corn Dog or P.B.&J. Sandwich Celery/ Hummus Baby Carrots Banana Granola Bar	
8	9	10	11	12	13	14
	W.G. Toast, Cereal, Fruit, and Milk Grilled Chicken Sandwich or Ham Sandwich Romaine Salad Green Beans Assorted Fruit	W.G. Toast, Cheese Omelet, Fruit, and Milk Taco Burger or Turkey Sandwich Steamed Broccoli Baby Carrots Assorted Fruit	W.G. Toast w/ P.B., Cereal, Fruit, and Milk Chicken Sandwich or Ham Sandwich Corn Baked beans Assorted Fruit	Pancakes w/Syrup, Cereal, Fruit, and Milk Breaded Pork Sand. or Turkey Sandwich Green Beans, Peas W. G. Sun Chips Assorted fFruit	W.G. Toast, Cereal, Fruit, and Milk Hot Dog or Ham Sandwich Baby Carrots Tater Tots Apple	
15	16	17	18	19	20	21
	W.G. Toast, Cereal, Fruit, and Milk BBQ Chicken Sandwich or Ham Sandwich Romaine Salad Green beans Assorted fruit	W.G. Toast, Sausage, Fruit, and Milk Pulled Pork Sandwich or Turkey Sandwich Steamed Broccoli Baby Carrots Assorted Fruit	W.G. Toast, w/ Cinn. & Sugar, Cereal, Fruit, and Milk Hamburger or Ham Sandwich Corn Baked Beans Assorted Fruit	Pop Tarts, Cereal, Fruit, and Milk Chef Salad or P.B.&J. Sandwich Green Beans, Peas W.G. Sun Chips Assorted Fruit	W.G. Toast, Cereal, Fruit, and Milk Corn Dog or P.B.&J. Sandwich Celery/ Hummus Baby Carrots Banana Granola Bar	
22	23	24	25	26	27	28
	W.G. Toast Cereal, Fruit, and Milk Goulash, or Ham Sandwich Romaine Salad Green Beans Assorted Fruit Breadstick w/ Goulash	W.G. Toast, Egg Patties, Fruit, and Milk Maidrites or Turkey Sandwich Steamed Broccoli Baby Carrots Assorted Fruit	W.G. Toast w/ Jelly, Cereal, Fruit, and Milk Chicken Sandwich or Ham Sandwich Corn Baked Beans Assorted Fruit	Breakfast Wrap, Cereal, Fruit, and Milk Shredded Beef Sandwich or Turkey Sandwich Green Beans, Peas Assorted Fruit	W.G. Toast, Cereal, Fruit, and Milk Hot Dog or Ham Sandwich Baby Carrots Tater Tots Apple	
29	30	31				
	W.G. Toast, Cereal, Fruit, and Milk Sloppy Joes or Ham Sandwich Romaine Salad Green Beans Assorted Fruit	W.G. Toast, Cheese Omelet, Fruit, and Milk Peanut Boo-ter & Jellyfish Sand Witch Creepy Carrots Skeleton Chips Goblin Bobbin Apple				

This institution is an equal opportunity provider.